OCTOBER

SWEET AND SOUR MADISON HIGH SCHOOL

ALL MEALS ARE FREE THIS SCHOOL YEAR Please fill out the HOUSEHOLD **SURVEY FORM THRU YOUR**

School Year2023-2024

PARENT PORTAL. www.madisondistrict.org

All Menus follow the school calendar

Daily Offering:

Spicy or Regular Chicken salad Vegetarian Salad, Chef salad Turkey Sub & wraps Soup of the Day, Chili Mac & Cheese **WOW Butter and Jelly**

EACH MEAL INCLUDES:

Entrée. Milk. Fruit and/or vegetable

Milk Choices:

1% White Milk Chocolate Skim

**Each meal meets USDA meal requirements for grades 9-12 with a minimum of 1oz eq. grain, 1C Fruit, 8oz Milk.

Food Service Director Catherine Vyse (248) 953-7423 Catherine.vyse@madisondistrict.org

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

- **SOFT TACOS REFRIED BEANS BLACK BEAN CORN SALSA** SOUP OF THE DAY FRESH/CUPPED FRUIT MILK
- CHICKEN PARMESAN **MAC & CHEESE** GARLIC BREAD SOUP OF THE DAY **GREEN BEANS** FRESH/CUPPED FRUIT MILK
- 5 COOKS CHOICE SOUP OF THE DAY MONACO BLEND FRESH/CUPPED FRUIT MILK
- **CHEFS CHOICE** PIZZA, BOSCO STICKS **CHEESEBURGER CHICKEN PATTY** FRENCH FRIES **SALAD** FRESH/CUPPED FRUIT MILK

ORANGE CHICKEN SOUP OF THE DAY FRIED RICE EGG ROLL

MONDAY

CHICKEN

EGG ROLL

YAKISOBA NOODLES

SOUP OF THE DAY

SUGAR SNAP STIR FRY

FRESH/CUPPED FRUIT

MILK

FRESH/CUPPED FRUIT MILK

- WAI KING TACO SALSA
 - REFRIED BEANS **BLACK BEAN CORN** SOUP OF THE DAY FRESH/CUPPED FRUIT MILK
- 11 PASTA MEAT SAUCE **BOSCO STICKS GARLIC BREAD** SOUP OF THE DAY **BROCCOLI** FRESH/CUPPED FRUIT MILK
- 12 POPCORN CHIX BOWL **DINNER ROLL** SOUP OF THE DAY **CORN** FRESH/CUPPED FRUIT MILK
- CHEFS CHOICE PIZZA, BOSCO STICKS **CHEESEBURGER** CHICKEN PATTY FRENCH FRIES **SALAD** FRESH/CUPPED FRUIT MILK

16

ROAST BEEF BABY POTATOES CORN BREAD SOUP OF THE DAY **VEGETABLES** FRESH/CUPPED FRUIT MILK

- FIESTADA PIZZA REFRIED BEANS FRIED RICE SOUP OF THE DAY FRESH/CUPPED FRUIT MILK
- 18 CALZONE **GARLIC BREAD** SOUP OF THE DAY **CALIFORNIA BLEND** FRESH/CUPPED FRUIT MILK
- 19 **REGULAR / SPICY** CHICKEN WINGS FRENCH FRIES SOUP OF THE DAY **PEAS** FRESH/CUPPED FRUIT MILK
- **CHEFS CHOICE** PIZZA, BOSCO STICKS **CHEESEBURGER CHICKEN PATTY** FRENCH FRIES SALAD FRESH/CUPPED FRUIT MILK

20

- 23 TERIYAKI CHICKEN FRIED RICE EGG ROLL SOUP OF THE DAY **VEGETABLES** FRESH/CUPPED FRUIT
- 24 **CHICKEN FAJITA** REFRIED BEANS **BLACK BEAN CORN** SALSA SOUP OF THE DAY FRESH/CUPPED FRUIT MILK
- 25 LASAGNA MAC & CHEESE **GARLIC BREAD** SOUP OF THE DAY **BROCCOLI** FRESH/CUPPED FRUIT MILK
- 26 **MEATLOAF MASHED POTATOES GRAVY** SOUP OF THE DAY **CORN** FRESH/CUPPED FRUIT MILK
- **CHEFS CHOICE** PIZZA, BOSCO STICKS **CHEESEBURGER CHICKEN PATTY** FRENCH FRIES **SALAD** FRESH/CUPPED FRUIT MILK

30

CHICKEN TENDERS DINNER ROLL MASHEDPOTATOES GRAVY SOUP OF THE DAY **VEGETABLES** FRESH/CUPPED FRUIT MILK

MILK

FIESSTADA PIZZA REFRIED BEANS **BLACK BEAN CORN** SALSA SOUP OF THE DAY FRESH/CUPPED FRUIT MILK

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.