



Madison / Preparatory High School Newsletter

NOVEMBER 22, 2024

EAGLE ANNOUNCEMENTS

Madison High School Accreditation Family Survey

We value your voice and your opinion, and are looking for feedback!

Please take a moment to fill out our Cognia Accreditation Family Survey using the [link](#) below.

Thank you in advance for your participation!!!



MHS Accreditation Family Survey

EAGLE SPOTLIGHTS

Madison World Fair

Students, families and community members came together last night at our district World Fair to celebrate the rich diversity of our school community! The event highlighted and celebrated the diversity within our community, by recognizing that our differences make us stronger and unite us in love and understanding.

The hallways were lined with informational stations to explore different cultures and everyone enjoyed captivating performances in the auditorium by our MES Choir and MHS Band, along with other special guests, including Polynesian dancers and instrumental entertainment.

Everyone also participated in a variety of cultural games and interactive activities, including cardio drumming, master Chinese jump rope, and the popular piñata! Attendees sampled delicious treats from different countries and savored the flavors of the world!

Our Student Artwork showcased the incredible artwork created by talented students from all buildings, beautifully representing cultures from across the globe. Thanks to all who attended and for all MDPS staff who help make this event a success every year!



CIS SVHC (Student Voices for Healthy Choices) Student Wellness Team

CIS SVHC Student Wellness Team: 1st stop Red Oaks Nature Center, 2nd stop Madison World Fair

Our Student Wellness Team is targeting healthy lifestyles through exercise and healthy food. On Tuesday, our Eagles enjoyed a guided tour of Red Oaks Nature Center by Naturalist Zach. We enjoyed the beauty of nature through a walk in the woods. The hike was not only relaxing but also very instructional! As our naturalist guide explained, what makes Red Oaks special is its oak trees and the deciduous trees whose leaves fall every year. We learned about burls, which are abnormal growths on trees. Did you know an insect could infect a tree and cause a burl? We got to explore some mindfulness as well through a sound map. Eyes closed in the woods, in a silent circle, we focused on our hearing as a way to be fully mindful of what was around us. What a great way to feel grounded and reenergized!

Students enjoyed seeing 2 deers with antlers, squirrels and a bat house! They even had a chance to gently pet Pinkie the turtle! Belal thought the field trip was amazing and enjoyed petting Pinkie, the Red Oaks mascot! Did you know one can know the gender of turtles thanks to the color of their eyes? Pinkie has brown eyes! Thank you so much to MH Red Oaks Nature Center and Oakland County Parks team for their warm welcome!



Yesterday at the Madison World Fair, our Student Wellness Team proudly presented a table tennis tournament as another healthy way to exercise and have fun! Congrats to all participants! Special thanks to Jason from CIS for organizing the tourney, and to our amazing teacher and talented table tennis player Mr. Murawski and Sergeant Wynne for playing with our youth and parents! Everybody

Kudos to our CIS SVHC Student Wellness Team, Angel, Josey and Erica for bringing healthy fun and food to our students & community! We're proud of you!



Food		Enchilajita		Dessert	
OMELETTE DINNER	\$8.00	CHICKEN PREPARED	\$8.00	TEES TECHES CAKE	\$10.00
Three omelette, with vegetables or ham, cheese, tomatoes, potatoes and vegetables. Served with rice, beans, and a choice of salad.		delicious chicken enchiladas, sauce, ground beef, corn, beans, cheese and salsa.		TIRES	\$10.00
BURRITO DINNER	\$8.00	MAYANCAJICA	\$8.00	ARROZ CON LEÑE / RICE PORRINO	\$4.00
Burrito filled with beef, cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		Chicken enchiladas, tomatoes, salsa, potatoes, corn, beans, ground beef, and cheese. Served with rice, beans, and a choice of salad.		PEASAS CON CHEDDAR	\$8.00
LEADED WINGS	\$8.00	ENLE EN BARD	\$8.00	REGULAR QUESO	\$8.00
Three wings, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		Chicken enchiladas, tomatoes, salsa, potatoes, corn, beans, ground beef, and cheese. Served with rice, beans, and a choice of salad.		CHICKEN DELICATE	\$8.00
SINCHONCADA	\$8.00	STREET CORN	\$8.00	CEPES & MINI PANCAKES DELICATE	\$8.00
Three enchiladas, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		Three corn, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		CEPES & MINI PANCAKES DELICATE	\$8.00
TOSTADAS DE TINGA	\$15.00	DORILLOCO O TOSTILLO	\$8.00	MENÚ	\$15.00
Three tostadas, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		Three corn, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		ENTRAS	\$15.00
TOSTADAS	\$8.00	TAMA-CHITOS	\$4.00	24 minutes	\$10.00
Three tostadas, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		Three corn, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		74 minutes	\$10.00
TAMALES	\$2.00	FLAVALS	\$8.00	STYUPS X2	\$10.00
Three tamales, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		Three corn, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		STYUPS X2	\$10.00
PIRILE	\$8.00	NACHOS	\$8.00	STYUPS X2	\$10.00
Three pirile, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		Three corn, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.		STYUPS X2	\$10.00
QUESADILLA ON PITA BREAD	\$4.00			STYUPS X2	\$10.00
Three quesadilla on pita bread, with cheese, tomatoes, potatoes, beans, and rice. Served with rice, beans, and a choice of salad.				STYUPS X2	\$10.00

MAC Bronze First Team All League Eagle Student-Athletes 🏆🏆🏆

Congratulations to Maranda Brown for earning MAC Bronze First Team All-League honors in Volleyball! Also Serenity Williams and Damia Harvey with All-League Honorable Mention.

Representing Madison High School, these athletes have shown incredible talent, dedication, and sportsmanship throughout the season. We are so proud of their hard work and commitment, and this recognition is well-deserved. Keep making us proud!



MiCareerQuest 2024

MiCareerQuest Southeast, the region's largest and most interactive career exploration event for high school students, returned for its fourth year this past Tuesday at the Suburban Collection Showplace in Novi.

Our Eagles, along with more than 8,000 students and educators from 114 schools across six Michigan counties attended this exciting event, featuring hands-on exhibits and insights into 210 high-demand careers in advanced manufacturing, construction, health sciences, and technology.

Since its inception in 2018, MiCareerQuest Southeast has provided more than 20,000 students with an opportunity to engage directly with working professionals, explore various fields and gain practical insights into the skills needed for rewarding careers in southeast Michigan!!!





Biology classes Organ and Tissue Presentations

Gift of Life Michigan, the state's designated organ and tissue recovery program, presented to Ms. Ivanna's Biology classes today. The presentation featured human organ and tissue specimens and allowed students to learn first-hand about the human body. Through the "All of Us" Student Education program. Students gain an understanding of the purpose of the Michigan Organ Donor Registry as it relates to organ and tissue transplants.

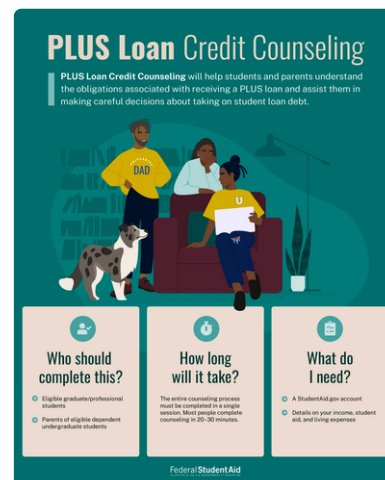


College and Career Readiness Corner 🏠📚

PLUS Loan Credit Counseling

[PLUS Loan Credit Counseling](#) can help students and parents understand the obligations associated with a PLUS loan and what to consider when taking on student loan debt.

PLUS counseling can be required or voluntary. If you voluntarily pursue counseling and the U.S. Department of Education (ED) determines your credit history is adverse within 30 days of completion, your counseling requirement is fulfilled. Find out more information at studentaid.gov



Class of 2025 Families:

*24/25 FAFSA application is now OPEN!!!

[Create an account or Log In](#)

Colleges and career schools use the FAFSA form to determine how much financial aid your student is eligible to receive, which could include grants, scholarships, and loans. While the window for completion does not open until December 1st, creation of your FSA ID can be done ahead of time and a FAFSA checklist is available for reference.

FSA ID creation - [federal student aid website](https://federalstudentaid.gov) - & [FAFSA checklist](#)

*Michigan Achievement Scholarships: These scholarships are designed to help recent high school graduates in Michigan receive funds for continuing education. Eligible students could receive

financial aid to attend a college or university with the Michigan Achievement Scholarship, or for a career training program with the Michigan Achievement Skills Scholarship.

- Informational Sessions: Students and families are encouraged to join us for a virtual informational session to learn more about the Michigan Achievement Scholarship.

Register for a session: [November 26 at 6:30 p.m.](#) or [December 10 at 6:30 p.m.](#)

Class of 2026 and 2027:

Oakland Schools Technical Campus Programming 25/26

Any current sophomore or junior Eagles interested in OSTC for the 25/26 school year may attend the upcoming Career Night:

Oakland Schools Technical Campus Career Night: January 16, 2025 @ 4:30-7:30pm

<https://www.ostconline.com/southeast/career-night>

OSTC will also be visiting MHS in the Winter for a presentation and students may sign up to tour the OSTC campus during the school day at that presentation

Upcoming Events

Jolly Smiles Mobile Dentistry - visiting in December

Jackie and her team from Jolly Smiles Mobile Dental, Communities In Schools of Michigan partner, are returning to MHS on December 2nd - 4th

Parents and guardians: please complete the online consent form by 11/21 if you would like your child to benefit from FREE dental care at MHS. Physical Forms are available in the front office.

[Jolly Smiles Online Registration and Consent Form](#)

View more information at: <https://www.jollysmilesdental.com/about>



Jolly Smiles Registration

Madison Heights Recreation Center Events

Join your community members for 2024 Events at the Madison Heights Recreation Center Events

Upcoming:

Annual Community Tree Lighting on 11/25

Painting with a Twist: Winter Wonderland on 12/17



Community Events and Resources

#BeingPresentMatters

Did you know that missing just 3 or more days of school each month can set students back 1 to 2 full years in their learning compared to their peers? It's crucial that students maintain consistent attendance to succeed in school. Your support keeps our students on track in their education journey.

#FactFriday #BeingPresentMatters



November Events

FAMILY FUN

- **Friday, November 22:** Lighting of the Park, Royal Oak (4pm-10pm).

More info at: [Nov 22 Royal Oak Lighting of the Park](#)

- **Saturday, November 23:**

***Family Fitness Yoga Session**, Pontiac, brought by PAL with fitness coaches Elizabeth Crenshaw and KillaJ. Registration at <http://sheriffpal.com>

***Social Saturdays**, presented by MH Public Library. Spend quality relaxing time enjoying all-ages activities. Registration at: [Nov 23 Social Saturdays](#)

***Saturday Sewing**, presented by MH Public Library. November is "create your own book pouch". Registration at: [Nov 23 Saturday Sewing](#)

***Winter Birding Hike**, presented by Belle Isle Nature Center. Join Nature Center staff for a guided walk and notice what birds are on Belle Isle. Registration at: [Nov 23 Winter Birding Hike](#). More info at: <https://belleislenaturecenter.detroitzoo.org/programs/>

- **Sunday, November 24: Fall Colors Hike**. Join Nature Center staff for a guided walk celebrating the colors and noticing the birds of Belle Isle. Registration at: [Nov 24 Fall Colors Hike](#).



- **Monday, November 25:** Madison Heights Annual **Tree Lighting** at Civic Center Plaza, MH.

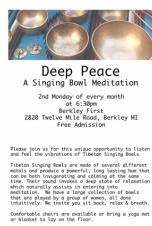
- **Friday, November 29: Black Friday Fun Fest**, Sports Sampling Event, Pontiac, brought by PAL and National Academy of Athletics.
- **Starting December 1st:** Winter Reading Challenge: **Bundle Up with Books**, presented by MH Public Library. More info and registration at: [Winter Reading Challenge](#)
- **2nd Monday of every month: Deep Peace: A Singing Bowl Meditation**, Berkley.

Detroit Free Museums Days in November:

***Sundays:** Michigan History Museum,

***Daily:** UM Natural History Museum, Roush Museum, Belle Isle Aquarium

*[Little Guide Detroit](#): Your guide for free family fun in the Metro Detroit area



Educational/Cultural Events:

November 23th: We Are Still Here.

Hear the story of a local woman's Anishnaabe family story. All ages welcome.

Presented by MH Public Library.



Family Supports and Resources

***Special Thanksgiving:**

11/23, Pontiac: Our friends at CNS Healthcare - Michigan present their 12th Annual Turkey Giveaway (Pontiac - Oakland County Sheriff's Office) on NOV 23rd!! Throughout the years, they have helped bring Thanksgiving dinner to 8,000+ families in the Metro Detroit area *FIRST COME, FIRST SERVED.

*Turkeys provided while supplies last. *Lines open at 9:45 a.m.

*Adults only; limit one per household (photo ID may be required.)

11/28, Berkley: Thanksgiving Dinner, Feeding the Multitude, presented by Covenant of Love Ministries International. Doors open at 1pm.



- **Free meals every Monday and Friday** from 1:00pm to 2:30pm, [First United Methodist Church of Ferndale](#).

*Supports and Resources:

- [She Shines Foundation](#) - Work Day and Clothing Kits + Educational Programming

- Eviction prevention resource, brought by E-Community Outreach Services:

"Are you a Pontiac resident facing eviction? We may be able to help! Limited funds are available to assist with eviction prevention. Call the Parent Empowerment Center at (248)622-4334. Monday–Friday, 10 AM to 3 PM."

- The Michigan Secretary of State Mobile Office is coming to the Parent Empowerment Center in Waterford on November 25. Call (248) 622-4334 Mon thru Fri 10am-3pm to book a visit to complete your Secretary of State transactions.

- THAW program, The Heat And Warmth Fund. Utility assistance program. More info at <https://thawfund.org/>

- Tutoring: Every other Saturday: Math and Science free tutoring, Pontiac Public Library. Registration at pont@pontiaclibrary.org

- Buyer's Assistance Program, Oakland County Treasurer's Office. More info at: [Buyer's Assistance Program](#)

- Consumer Reports: New Research Tool available with your MH Library card. More info at: Digital Library & Online Resources | Madison Heights, MI

Volunteering opportunities:

- HOPE is looking for volunteers (18 and up) until Sunday, December 8th to help welcome visitors, explain how to use and offer help with the Detroit Giving machines. Volunteers must be 18 years or older. Multiple shifts available! More info and registration at: <https://bit.ly/48Pj38b>

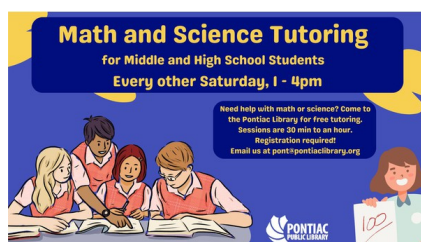
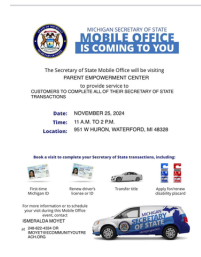
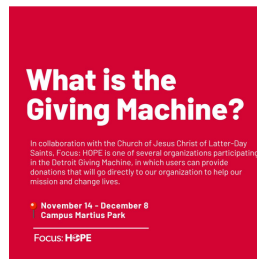
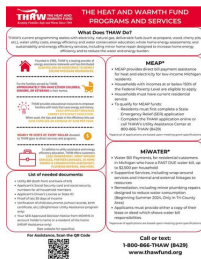
- Volunteer with Madison Heights Public Library! Volunteers is every last Thursday of the month! Get recorded volunteer hours, a snack and help our library!

- Volunteer Michigan: "discover how you can make a difference". More info at: [VolunteerMichigan](#)

- Volunteer with Lighthouse. More info and registration at: [Volunteer with Lighthouse](#)

- Volunteer with Oakland Literacy Council. Schedule an info session at: [Oakland Literacy Council online info sessions](#). Next session is 11/26. More info at: [Become a Tutor](#)





Basic Needs & Local Food Pantries

11/28, Berkley: Thanksgiving Dinner, Feeding the Multitude, presented by Covenant of Love Ministries International. Doors open at 1pm.

Free Winter Giveaways:

Community Outreach Sunday, hosted by Goodwill Community Chapel, Detroit.

Gleaners Mobile Food Distribution

- Free meals every Monday and Friday from 1:00pm to 2:30pm, [First United Methodist Church of Ferndale](#).

Saturday 11/23:

10:30am-12:00pm

MH Food Pantry, Central Church, [1529 E 12 Mile Rd, Madison Heights, MI 48071](#)

Type your zipcode to find a food pantry near you: <https://pantrynet.org/>

Monday 11/25:

9:00am-11:00am

Our Lady Queen of Angels (Drive-Up Only)

4200 Martin Street Detroit, MI 48210

Tuesday 11/26:

2:00pm-4:00pm:

Warren Woods Schools Administrative Building (Drive-Up Only)

12900 Frazho Warren, MI 48088

Wednesday 11/27:

9:00am - 11:00am

Oakland County Farmers Market (Drive-Up Only)

2350 Pontiac Lake Road Waterford, MI 48238

2:00pm-4:00pm:

Lasky Recreation Center – NEW TIME (Drive-Up Only) (Jayne Field Lots, enter from Luce St)

13200 Fenelon Street Detroit, MI 48212

NO FOOD PANTRY 11/28-12/1

Wednesday 12/4:

2:00pm-4:00pm:

St. Suzanne Cody Rouge Community Resource Center – NEW TIME (Drive-Up Only)

19321 W. Chicago Detroit, MI 48228

Thursday 12/5:

9:00am - 11:00am

MISide (formerly Southwest Solutions at St. Anthony's) (Drive-Up Only)

3553 West Vernor Hwy. Detroit, MI 48216

2:00pm-4:00pm:

Oakland Hope (Drive-Up Only)

20 E. Walton Blvd Pontiac, MI 48340

5:00pm-7:00pm:

Fresh Market at Western International High School (Drive-Up Only)

1500 Scotten St Detroit, MI 48209

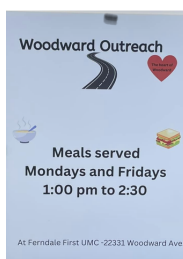
Forgotten Harvest

Saturday 11/23:

9:00am - 11:00am

Madison Heights Church of Nazarene (555 E 13 Mile Rd, Madison Heights 48071)

Exodus Missionary (8173 Kenney St, Detroit 48224)



Principal Cauley & AP Helchowski