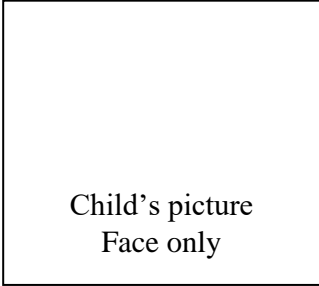


**Madison District Public Schools  
ASTHMA Medical Action Plan (MAP)**



Student's Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ School \_\_\_\_\_  
Age \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_

Page one of this MAP is to be completed, signed and dated by a parent/guardian.  
Page two of this MAP is to be completed, signed and dated by the treating physician or licensed prescriber.  
Without signatures this MAP is not valid. The parent/guardian is responsible for supplying all medications and any other needed equipment/supplies to the school.

**CONTACT INFORMATION**

**Call First** Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Parent/Guardian: Relationship: \_\_\_\_\_  
Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_  
Work: \_\_\_\_\_  
**Try Second** Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Home: \_\_\_\_\_ Cell: \_\_\_\_\_  
Work: \_\_\_\_\_  
**Call Third** (If a parent /guardian cannot be reached)  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_

**ASTHMA HISTORY**

**Asthma Triggers-** may cause an asthma episode at school (circle all that apply)  
Exercise      Animal dander      Cold weather/extreme temperatures  
Dust/carpet      Grass/pollen      Respiratory illness (colds)

**Food Allergy(s)** \_\_\_\_\_ **Other** \_\_\_\_\_

YES     NO A Severe Allergy Medical Action Plan has also been completed for this school year.

**For asthma my child has/uses the following:**

- YES     NO A spacer  
Recommended for **all** students, attaches to the inhaler for ease of use and improved delivery of the medication to the bronchi.
- YES     NO Medication at home (other than rescue) to control asthma
- YES     NO A nebulizer (breathing machine) at home
- YES     NO I will supply the school with a back up inhaler if my child is to self carry.
- YES     NO I have read the attached information regarding section 504 eligibility
- YES     NO I wish to be contacted regarding a 504 evaluation

Instructions for the school \_\_\_\_\_

I agree to have the information in this two page plan shared with staff needing to know. I understand that my child's name may appear on a list with other students having asthma to better identify needs. I give permission to use my child's picture on this plan (if I did not supply a photo.) I give permission for trained staff to help administer the medication ordered for asthma on page 2 of this plan and to contact the physician/licensed prescriber for clarification of orders, if needed.

Date \_\_\_\_\_ Parent/Guardian \_\_\_\_\_

*Signature*

Bus # \_\_\_\_\_  
Driver: \_\_\_\_\_  
Route # \_\_\_\_\_  
Medical File \_\_\_\_\_  
Transportation Office Use ONLY if needed

**Signs of Asthma Attack**

- Wheezing (noisy breathing) \* Peak flow reading below 80% of personal best
- Shortness of breath
- Difficulty breathing
- Coughing
- Complains of chest tightness or pressure

**Action**



- Give Medication as ordered below
- Use a spacer if provided for a metered dose inhaler
- Be sure to wait 1-2 minutes before a second puff of the inhaler
- Remain calm
- Encourage slow deep breathing: **in through the nose & out through puckered lips**
- Have the student sit up right
- Stay with the student until breathing normally

**Signs of Asthma EMERGENCY**

- No improvement 10-15 minutes after medication is given
- Breathing difficulty gets worse
- Skin pulls in around collarbone or ribs with each breath (shoulders may rise)
- Looks anxious, frightened, or restless
- Cannot talk in a complete sentence or walk and talk
- Stops playing and cannot start activity again
- Hunched over
- Pale color or blue around mouth or nail beds (skin may be damp)

**Action**



- **CALL 911** and Parent/Guardian
- Repeat medication while waiting for emergency help to arrive
- Start CPR if breathing stops

For office use: Rescue inhaler location \_\_\_\_\_ Expiration date \_\_\_\_\_

**Authorized Physician/Licensed Prescriber Order & Agreement with Protocol in this 2 page plan**

Medication \_\_\_\_\_ Route \_\_\_\_\_ MDI (metered dose inhaler) Dose \_\_\_\_\_  
 Nebulizer(breathing machine) Dose \_\_\_\_\_

Side Effects \_\_\_\_\_

**YES** NO MDI treatment may be repeated in 5 to 10 minutes if no help or symptoms worsen

Nebulizer instructions \_\_\_\_\_

**YES** NO Medication is needed 20 minutes before PE/recess/strenuous exercise

**YES** NO Student can use inhaler correctly, knows when to get adult help, not to share, and how to properly maintain the devise. Therefore, it is my professional opinion, this student should be allowed to self-carry their inhaler.

**YES** NO Peak Flow readings are to be done at school. Give medication for a PF reading below \_\_\_\_\_

Other instructions/orders \_\_\_\_\_

Physician/Licensed Prescriber Name (Print) \_\_\_\_\_

Phone number \_\_\_\_\_ FAX number \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

NOTICE OF SECTION 504 PROCEDURAL SAFEGUARDS

FORM C

The following is a brief summary description of the rights provided by Section 504 of the Rehabilitation Act of 1973 to students with disabilities, or suspected disabilities, and some related rights provided by Title VI of the Civil Rights Act of 1964 and the Family Educational Rights and Privacy Act. The intent of the law is to keep you fully informed about decisions concerning your child and to inform you of your rights in the event you disagree with any decisions concerning your child. You have the right to:

1. have the District advise you of your rights under federal law;
2. receive notice with respect to Section 504 identification, evaluation, and/or placement of your child
3. have an evaluation and placement decision for your child based upon information from a variety of sources and which is made by a team of persons knowledgeable about the student, the meaning of evaluation data, and placement options;
4. have your child receive a free appropriate public education, which is the provision of regular or special education and related aids and services that are designed to meet individual educational needs of your child as adequately as the needs of students without disabilities are met, if the child is Section 504 eligible;
5. have your child be educated with non-disabled students to the maximum extent appropriate, if the child is Section 504 eligible;
6. have your child take part in and receive benefits from the District without discrimination on the basis of disability;
7. have your child educated in facilities and receive services comparable to those provided to non-disabled students;
8. examine all relevant records of your child, including those relating to decisions about your child's Section 504 identification, evaluation, educational program, and placement; and obtain copies of those records at a reasonable cost, unless the fee would effectively deny you access to the records;
9. receive information in your native language and primary mode of communication;
10. have a periodic re-evaluation of your child, including an evaluation before any significant change of placement;
11. have your child given an equal opportunity to participate in nonacademic and extracurricular activities offered by the District;
12. request and participate in an impartial due process hearing regarding the identification, evaluation, or placement of your child, including a right to be represented by counsel in that process and to appeal an adverse decision;
13. file a complaint in accordance with the District's grievance procedures or with the U.S. Department of Education, Office for Civil Rights.